



Webinar Title: “Stress Free Success by Enhancing Personal Productivity”

- **Fee (Including GST):- Rs. 99/-**
- **Expert Speaker: Shri Parag Gadhia, Founder & Director of DEEP ABILITY CONSULTING®.**

About Webinar (Brief One para): -

The boundaries between Personal & Professional life has become thinner than ever before. The seamless transition between the two areas of life and ones inability to integrate with both do so leads to unaccomplished task, stress, negative career impact, professional & personal relationship issues and guilt feelings.

Personal Productivity in simple terms can be explained as completing the actions that allows the person to move closer to accomplishing the goals in a manner that brings balance and ease into the person's life. Proper understanding of Personal Productivity enables one to have more friction-less workflow which can take the person from a feeling of overwhelmed, unfocused and unproductive to a feeling of calm, in control and prepared to take on even the biggest challenges. NPC WEBINAR will provide an indulgent how to divest of this pain and gives the powerful approach easy to understand and implement.

Webinar Coverage:-

1. Highly Interactive Result Oriented where you will be creating your OWN Personal Productivity Blueprint.
2. Understand the Four Pillars of Personal Productivity.
3. Understand various review strategies for better control of stuff.
4. Information regarding tools to control digital distractions.

5. Self-Evaluate
6. Golden rule to overcome procrastination.

Speaker Profile (Brief One Para & Photograph):-

Shri Parag Gadhia is the Ex-Vice-President of JP Morgan. He has more than 25 years of rich & varied experience in Project & Process Management, Productivity Enhancement, and Managing Inter-Departmental Processes & Conflicts.



He is a Certified ICF Coach, NLP Coach, GTD Trainer and Certified Assessor & Trainer International Finance Corporation (IFC). An MBA and B.E. in Computer Science and Diploma in Training & Development (ISTD), he has provided training for HPCL, TATA CHEMICALS, IOC, Indian Air force, SBI, and National Judicial Academy etc.

Please feel free to contact us in case of any further clarifications or queries.

(Rajesh Sund)

Director (Economic Services)

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