



National Productivity Council

Training Programme  
on  
**EMOTIONAL INTELLIGENCE FOR EFFECTIVE  
LEADERSHIP & WORK LIFE BALANCE**  
PROGRAMME CODE: (T2526PAT02)

**EMOTIONAL INTELLIGENCE IN LEADERSHIP:**  
— THE KEY TO SUCCESS —



21<sup>st</sup> -25<sup>th</sup> July, 2025

Kodaikanal

## **1. ABOUT NPC**

National Productivity Council (NPC) is an autonomous organization under the Department of Promotion of Industry and Internal Trade, Ministry of Commerce & Industry, Government of India. The present expertise available in NPC has a resource base of professionals from fields such as Economics, Industrial Engineering, Human Resource Management, Energy, Environment, IT, Project Monitoring and Evaluation, Research Studies and Baseline Surveys. In addition, services of external professionals and subject matter specialists are also sought on need basis, depending upon the nature and scope of work. NPC extends services from its headquarter at New Delhi and 12 regional offices across the country manned by more than 100 full time professionals. NPC has professionals from diverse fields to provide Consultancy, Capacity Building and Project Monitoring Unit (PMU) services to various organisations including Central Government Ministries and State Governments.

## **2. PROGRAMME THEME**

Emotional Intelligence (EI) could be blended with cognitive competencies (IQ) and managerial competencies for effective leadership. In this training programme, we will discuss how a leader can apply the concepts of EI to handle teams effectively, build co-operative relationships with key stakeholders and create energy and enthusiasm to foster meaningful change. Work-life balance aims to achieve an ideal balance between an employee's working life & personal life. It is based on the idea that a fulfilling life outside of work helps improve work performance and reduce stress. Emotional intelligence (EQ) plays a crucial role in effective leadership and overall success. It helps leaders connect with their teams on a deeper level, creating a positive work environment and driving organizational success.

This NPC residential program shall focus on the aspects of how emotional intelligence can be used to create an effective leadership and devise strategies to achieve work-life balance, for improving employees productivity and organizational efficiency.

## **3. LEARNING OBJECTIVES**

This training program prepares participants to:

- ❖ Understanding the science behind emotional intelligence and how it factors at work
- ❖ Discovering techniques to raise one's EQ
- ❖ Determining how to maximize team performance using emotional intelligence
- ❖ Identify Factors Influencing Work-Life Balance
- ❖ Examine Strategies to Enhance Work-Life Balance using EQ

## **4. BROAD PROGRAMME COVERAGE**

The following topics shall be covered during the training

- ❖ What is emotional intelligence & Why emotions matter in performance at workplace
- ❖ Emotionally Intelligent Leaders
- ❖ Personal Effectiveness & Developing trust
- ❖ Social Awareness and Acknowledgement
- ❖ Understanding Work Life Balance
- ❖ How to develop strategies for work life balance using emotional intelligence

## 5. TARGET PARTICIPANT

The programme is designed for officials working across different functional areas of management including administration, finance, personnel & training/HRD, etc. from State and Central Governments Departments/Ministries, Public Sector Units, Private Sector Enterprises, Urban Local Bodies, State Pollution Control Boards/Pollution Control Committees, Co-operatives, Corporations, Banks, NBFCs, Labor Unions/Associations, Financial Institutions and/or Academic and/or Research Institutions.

## 6. METHODOLOGY

Methodology of the training program would be participative in nature. The sessions would be based on conceptual deliberations, case studies, success stories and group exercises/discussions.


## 7. FACULTY

The faculty for the training programme will comprise of senior NPC Experts & other renowned and experienced Trainers from the respective field.

## 8. PROGRAMME FEE & VENUE

<b>Program Venue</b>	Kodaikanal
<b>Programme Fee</b>	Residential Participants ₹ 65000 /- + 18% GST
	Non –Residential Participants ₹50000 /- + 18% GST
<b>Arrival day</b> (Check in time from afternoon onwards at Hotel/Resort)	21 <sup>st</sup> July, 2025 Afternoon
<b>Departure day</b> (Check out time from forenoon onwards at Hotel/Resort)	25 <sup>th</sup> July, 2025 Forenoon

## 9. PAYMENT DETAILS

Programme fee inclusive of GST to be paid in advance and proof of payment to be attached along with application form.	<b>Online Registration and Payment System</b>
<ul style="list-style-type: none"><li><b>ECS Payment Details:</b> Indian Overseas Bank, 70, Golf Link, New Delhi Branch; A/c No. 026501000009207, IFSC Code. IOBA0000265</li><li>DD/Cheque should be drawn in the name of NATIONAL PRODUCTIVITY COUNCIL payable at NEW DELHI</li><li>NPC'S PAN No:</li></ul>	<p><b>Nomination for the programme and payment can be done online by visiting</b></p> <p><a href="https://www.npcindia.gov.in/NPC/User/TrainingHeadQuarter">https://www.npcindia.gov.in/NPC/User/TrainingHeadQuarter</a></p>  <p>(Challan generation, NEFT, RTGS are also available for</p>



AAATN0402F, • NPC'S GSTIN: 10AAATN0402F2ZK	payment)
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*As per GOI notification No. 9/2017-Integrated Tax (Rate) dated 28.06.17, Sr. No. 75, Heading 9992 (at page no. 19 of the notification) No GST is applicable where Services provided to the Central Government, State Government, UT Administration under any training programme for which total expenditure is borne by the Central Government, State Government, UT Administration.*

## 10. HOW TO APPLY

- Please apply in prescribed application format enclosed with this brochure. Nominations may be sent to the following address:
- **Last date for Receiving of nominations: 07.07.2025.**

J K Singh Regional Director, <b>National Productivity Council</b> 3rd floor, Sudama Bhawan, Boring Road Crossing, Patna- 800 001 Phone : 0612-2558311, Mobile : +91-6202565271 Email : <a href="mailto:jk.singh@npcindia.gov.in">jk.singh@npcindia.gov.in</a> , <a href="mailto:patna@npcindia.gov">patna@npcindia.gov</a> .	Sh. Shailesh Kr Vimal, Dy. Director Email: <a href="mailto:sk.vimal@npcindia.gov.in">sk.vimal@npcindia.gov.in</a> Ph: 0612-2558311 Mobile No.: +91-7888724793;
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## 11. GENERAL INSTRUCTIONS

- The Residential programme fee covers the professional fees towards training, board & lodge of the Participant(s). The fee once deposited is non-refundable, however, substitutions are allowed.
- Each participant should carry their ID cards and necessary letters / orders issued by their department for attending the training program.
- NPC shall not bear any charges towards participants' to & fro travel from their residence / place of stay and the training program venue. All participants shall make their own arrangement to reach the venue on time as per the programme schedule.
- Participants are requested to assure their health and safety during the training period and NPC will not be liable for medical expenses incurred by the participants during the program.
- NPC will not provide boarding and lodging before and after the dates of programme. Participants planning to stay longer than the scheduled duration should arrange the same at their own cost.
- Settlement of additional bills: The hotel will be instructed to open separate folio for each participant. Participants may directly settle their additional dues regarding family member, laundry, telephone, mini bar, room service, overstay etc. with the hotel before checkout.
- The participants shall be awarded Certificate of Participation on successful completion of programme.
- Any other terms and conditions apply as may be notified by NPC at any point of time.
- Referring to GST guidelines, you are requested to confirm the applicability of GST payment for your department.
- Participants are required to follow the necessary COVID protocols during training.



**NATIONAL PRODUCTIVITY COUNCIL**  
**5-6 Institutional Area, Lodhi Road, New Delhi – 110003**

**APPLICATION FORM FOR NOMINATIONS**

Title of Programme:

Programme Duration:

Location:

**Details of Nominated Participants:**

S. No	Name of Delegate	Designation	Mobile No.	Email ID	Official Address for correspondence
1					
2					
3					
4					
5					

**Details of Nominating Authority:**

Name:

Designation:

Organization:

Address

Contact Number:

Email ID:

Signature

Details of Proof of payment of Programme fee (*RTGS / NEFT Details; Cheque, DD*):

**Payment Particulars**

- **ECS Payment Details:** Indian Overseas Bank, 70, Golf Link, New Delhi Branch; A/c No. 026501000009207, IFSC Code. IOBA0000265
- In case of ECS Payment, the payment details should be intimated accordingly along with UTR number
- DD/Cheque should be drawn in the name of NATIONAL PRODUCTIVITY COUNCIL payable at NEW DELHI
- Programme Fees per Participant plus GST to be paid in advance
- PAN No: AAATN0402F, GSTIN: 10AAATN0402F2ZK